



Mary and Martha

Luke 10:38-42

One day Jesus came to visit two sisters named Mary and Martha.

While Jesus was at their house, Mary sat at His feet and listened to every word He said.

Can you pretend to listen to Jesus?

(Demonstrate cupping hand to ear and allow kids to do same motion)



While Mary sat and listened to Jesus, Martha was busy cleaning and cooking.

Let's all pretend to cook like Martha. Stir, stir, stir.

(Pretend to stir batter in a bowl & allow kids to do same motion)



Martha got so mad because her sister wasn't helping!

Let me see you make a mad face like Martha (Everyone makes mad face).

Martha was so mad that she started whining to Jesus.

(Say in a whiny voice, like a temper tantrum) ***She said, "Jesus, this is not fair! Make my sister help me!"***

Let me see you all shake your head "no" (Everyone shakes head "no").
Martha did NOT control her words when she was mad.



Jesus told Martha that she should not be mad, because Mary was doing a good thing. Mary was learning about God.

***We should not whine when we are mad either.
We can control our words just like Jesus wants us to!***

Let's say this together:

I Can (thumbs to chest)

Control (clap)

My Words! (cup hands around mouth)